



WORLD JUMP ROPE
FEDERATION



National Team and Masters Championships

Coaches Packet 2016

Dear Coaches/Teachers,

Welcome to the National Team and Masters Championships 2016!

This National team and masters championships is being organised by 'Angel Eyes Event Planning' all forms/monies and contacts will go through Angel Eyes Event Planning. This packet is going to give you all the information you need for the weekend.

The Registration forms for this Championships will be available at the end of August. There will be an online registration system, so no paperwork for the teams.

For the event the following steps need to be taken to ensure the weekend and organisation can run smoothly:

- All online registration must be completed by Sunday 9th October 2016. For any last minute changes please notify Rachael via email or phone by Sunday 30th October 2016. No Changes will be made after this date. You will receive a competition order by Wednesday 9th November 2016.
- All payments must be completed by the first week in November.
- Cancellation, 100% refund if cancelled before 1st September 2016, 50% refund if cancelled before 1st October 2016 and 25% refund if cancelled before 5th November 2016, and no refund after 5th November 2016.
- Please make your own arrangements for transportation to and from the venue/accommodation on all days.
- Once the forms have been filled in, you will receive separate invoices for each section of the weekend. Speed Championships entry, Spectators and Workshop. You can request to have everything on one invoice if you wish.
- Each team of 8 or less must provide at least one freestyle and one speed judge. Any team with more than 8 competitors must provide two judges for each speed and freestyle. If the team fails to provide these judges they will have to pay a charge so that another judge from a different team can be sent to the competition to judge for their team.
- Competitions fees are changing due to the cost of hall hire and medals going up. The fees are now £3 per speed event except 3 minutes speed and £5 per freestyle event, 3 minutes speed will also be £5, Spectators are still £5 for the Saturday and £2 for the Sunday. The coaches come for free.
- There will be a short workshop on the Sunday, once the competition has finished. It will run for around 1 ½ - 2 hours. The fees for this is £6 per person.

Competition Registration

Registration for the competition will be open from 7:30-8:00 on both mornings. Please ensure you register on time for the day to start smoothly and run on time.

Preliminary Weekend Schedule

Friday Night

Some teams check into hotels

Saturday

8:00-8:30 - Registration in Sir Matt Busby Sports Complex

8:30-12:00 - 9 and under and 10-11 competition

12:00-13:00 - Lunch

13:00-16:30 - 12-14, 15 and over and 30 and over competition

Sunday

8:00-8:30- Registration and Practice

8:30-10:30 - Final events of the competition

10:30-11:15 - Medals

11:15-12:00 - Lunch

12:00-14:00 - Workshop

The Speed Team and Masters Disciplines

30 seconds individual speed (£3)

Open 9 and under
Open 10-11 years
Open 12-14 years
Open 15 and over
Open 30 and over

30 seconds pairs relay double unders (£3)

Open 9 and under
Open 10-11 years
Open 12-14 years
Open 15 and over
Open 30 and over

3 minutes speed (£5)

Open 9 and under
Open 10-11 years
Open 12-14 years
Open 15 and over
Open 30 and over

4 x 30 seconds team relay speed (£3)

Open 9 and under
Open 10-11 years
Open 12-14 years
Open 15 and over
Open 30 and over

3 x 40 seconds double dutch relay speed (£3)

Open 9 and under
Open 10-11 years
Open 12-14 years
Open 15 and over

Individual Freestyle (£5)

Open 9 and under
Open 10-11 years
Open 12-14 years
Open 15 and over

Pairs Freestyle (£5)

Open 9 and under
Open 10-11 years
Open 12-14 years
Open 15 and over
Open 30 and over

4 Single Rope (£5)

Open 9 and under
Open 10-11 years

Open 12-14 years
Open 15 and over
3 Double Dutch (£5)
Open 9 and under
Open 10-11 years
Open 12-14 years
Open 15 and over

The Shop

Jump Rope UK will have a stall in the sports hall selling merchandise. We will send a list of items sold on the day nearer to the time. Please relay back to your students/team members that there will be merchandise to buy on the day.

If you have any questions please contact me on 07415784182 or email rachael@jumpruk.com